

4052	87	4	39
4051	88	5	40
4050	89	6	41
4049	90	7	42
4048	91	1	43
4047	92	2	44
4046	93	3	45
4045	94	4	46
4044	95	5	47
4043	96	6	48
4042	97	7	49
4041	98	1	1/50
4040	99	2	2
4039	100	3	3
4038	101	4	4
4037	102	5	5
4036	103	6	6
4035	104	7	7
4034	105	1	8
4033	106	2	9
4032	107	3	10
4031	108	4	11
4030	109	5	12
4029	110	6	13
4028	111	7	14
4027	112	1	15
4026	113	2	16
4025	114	3	17
4024	115	4	18
4023	116	5	19
4022	117	6	20
4021	118	7	21
4020	119	1	22
4019	120	2	23
4018	121	3	24
4017	122	4	25
4016	123	5	26
4015	124	6	27
4014	125	7	28
4013	126	1	29
4012	127	2	30
4011	128	3	31
4010	129	4	32
4009	130	5	33
4008	131	6	34
4007	132	7	35
4006	133	1	36
4005	134	2	37
4004	135	3	38

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Lamech

Jabal, Jubal, Tubal Cain, and Naamah

Seth

Generations Between Cain and Seth

The seven generations from Cain up to Seth are spaced on an average of 18 year intervals from father to son. Generation 7 in Genesis 4 indicates that Tubal-Cain was grown, because he was a forger of iron at the end of the history between Cain and Seth.

Bronze and Iron

Tubal Cain develops the art of forging Bronze and Iron. At a growth rate of 7.5%, the population of Cain's line could be just over 8000 people at this time.

Then Adam lives an hundred and thirty years, then he causes to be born a son in his own likeness, after his image; then he calls his name Seth: Then the days of Adam after he had caused to be birthed Seth were eight hundred years: and he had been causing to be born sons and daughters: Then be all the days that Adam lived nine hundred and thirty years: Then he died (Genesis 5:3).

All ages, or lifespans used in biblical chronology translate to the standard year measured between two spring equinoxes.